



4-H In Motion

“ We can do it ”

Thurston County

All Family Edition - January/February 2009

Extension Staff & How to Reach Us

WSU Thurston County Extension 4-H

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Look for us on the web:

WA State 4-H website

<http://4h.wsu.edu>

Thurston County 4-H

<http://thurston.wsu.edu/4-H/>

Highlights in this Newsletter:

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A NOTE FROM THE EXTENSION DIRECTOR

Dear 4-H Families & Volunteers,

I hope that 2009 is starting off well for each of you. Between the snow and the flooding, many of us have faced some unexpected challenges already in the young year. The spirit of volunteerism that you all embody has enabled Thurston County to deal with these challenges reasonably well. I want you all to know how much we appreciate your efforts on behalf of our 4H youth and the programs we offer.

Many of you are aware that WSU Thurston County Extension took a much deeper cut to our county budget than was anticipated. The majority of our county allocation goes to cover fixed costs which we cannot adjust such as rent. The only place we have budget flexibility is in personnel. As a result, we had no choice but to reduce staff costs. We lost budget support for our front desk/reception position and half of our budget position. In order to meet our obligations, this staff reduction took effect January 1, 2009.

As you can imagine, this level of cut has resulted in many operational changes. We have reduced our office hours to 9 a.m. to 1 p.m. daily. During those hours you can continue to pick-up and

drop-off materials, entry forms, animal certificates, etc. Please consider however, with our frequent evening and weekend hour commitments, a 4-H staff person may or may not be on duty during the 9 a.m. to 1 p.m. office hours. We are investigating the possibility of offering occasional Saturday hours, especially as we get closer to 4-H enrollment and fair entry deadlines, so stay tuned for more information.

We encourage you to please take the following steps to help us serve you better:

*Call or e-mail in advance prior to picking-up materials to ensure they are ready for you when you arrive (Please note, with reduced staffing we may not be able to complete same day or next day requests.) Telephone: (360) 786-5445 x.7913 or E-mail:

tc4h@co.thurston.wa.us

*Schedule an appointment if you need to speak with a 4-H representative

*Call or e-mail in advance to reserve equipment or supplies for special events such as flags and clover costumes

*Utilize our front door mail slot to drop-off materials after regular business hours

Operational changes are also compelling us to make some adjustments to how we handle 4-H publication sales. We are no longer able to special order 4-H

publications from WSU for you. Our current local office publication sales are now limited to stock on hand. Also, publications will no longer be available to purchase from our office after **May 1, 2009**. If you anticipate needing publications for your 4-H club, please e-mail or call to inquire about publication availability prior to visiting the Extension Office. As always, we cannot guarantee large quantities of publications, like Record Books, will be on-hand when you stop by. A list of the remaining publications in-stock will be sent out via the Thurston County 4-H listserve in the near future.

The majority of our 4-H publications, including Record Books, can be downloaded for free by visiting the Washington State 4-H website <http://4h.wsu.edu>. Simply click on "Project and Publication" to access free PDF file downloads. Microsoft Word versions of the Record Books and many of the Project Record "Add Sheets" are also available for free at <http://4h.wsu.edu/EM2778CD/workbooks.htm>. You can continue to order hardcopy publications directly from WSU by going to <http://pubs.wsu.edu/cgi-bin/pubs/index.html> or by submitting a 4-H Order Form by mail with check payment. 4-H Order Forms can be picked-up at the Extension Office.

We understand that these changes will be a major inconvenience for some individuals. Certainly, we have some major challenges ahead. Your thoughts and ideas about ways we can re-group and move forward in a positive man-

ner are more than welcome. If you have suggestions or just want to talk about these changes, please feel free to call me at 786-5445, ext. 7905 or email me at moorecl@co.thurston.wa.us. You can also call Emily at 786-5445 ext. 7913 or e-mail her at killeene@co.thurston.wa.us

Thank you for your continued support and outstanding dedication to the WSU Thurston County Extension 4-H Program.

Respectfully,

Cliff Moore
Director
WSU Thurston County Extension

THURSTON COUNTY 4-H

New Leader Orientation

New Leader Orientation is required for all new adult 4-H volunteers. This orientation is the first step in becoming a 4-H volunteer and is how new volunteers receive application materials. Parents wanting to assist 4-H clubs as officially enrolled volunteers are required to attend the Orientation.

New Leader Orientations will be held at the WSU Thurston County Extension Office starting at **7:00 p.m.** on the following evenings:

Tuesday, February 3

Can't make the orientation date? Call the 4-H Office to schedule a one-on-one Orientation. Additional dates will be announced.

Volunteer Leader Training (VLT) Schedule

ALL new 4-H volunteers, (i.e. Club Leaders, Assistant Leaders, Resource Leaders, and officially enrolled Parent Volunteers) are required to complete all three parts of Volunteer Leader Training (VLT). Volunteers overdue for training will not be re-enrolled until the training requirement has been met. The following Volunteer Leader Training Dates have been scheduled. Pre-registration is required to participate in VLT. Please contact the 4-H Office for more details. Upcoming dates:

Part III: Saturday, Feb. 7, 2009, 10:00 a.m. to 2 p.m., Panhandle 4-H Camp, Shelton

Part I: Thursday, April 16, 6:30 to 9 p.m. Extension Office

Part II: Thursday, April 23, 6:30 to 9 p.m. Extension Office

Part III: Thursday, April 30, 6:30 to 9 p.m. Extension Office



Re-enrollments

Have you completed your re-enrollment forms? All forms were due December 1 along with the club's Annual Financial Summary. The following clubs have not submitted re-enrollments: Country Cuzzins, Sunset Archers, Hall Family, Little Bit Country, Westside Workers, Town & Country, Wilma's Flock, Olson 4-Hers, E.A.R.S., Spirit Riders, Reservation Riders, Wild 'N Crazy Critters, Shutter Bug, Prairie Pioneers, Violet Prairie Critters, Tangled Spur Herders, Rochester Community Club. Several others have not submitted an Annual Financial Summary, which is required before club members will be re-enrolled. Follow up with your club leader and treasurer to ensure you are enrolled in 4-H before it's too late!

Creativity Festivity



Thurston County 4-H would like to host the 4-H "Creativity Festivity" workshop series again, but volunteers are needed!

You can teach any creative subject you like. Past workshops have included: making simple snacks, sewing, quilting, drawing, calligraphy, and cartooning. Workshop presenters can be reimbursed for supply expenses. 4-H needs you—call the 4-H Office to learn more!

Letters of Intent

Dave Kalar

2009 Letters of Intent for Thurston County Youth Market Animal Sale will be available around the end of February. Copies will be mailed to last year's sellers, this year leaders, at the Fair Office and the Extension office. Letters of Intent for steers are due **April 15, and June 1st** for sheep, goats, and hogs. Seller's information meeting is scheduled for the end of May at the fairgrounds. If you want confirmation from the committee that your letter of intent was received by the committee please enclose a self addressed stamped envelope or your e-mail address with your intent to sell.



District Demos

All 4-H members interested in giving Public Presentations (Demonstrations & Illustrated Talks) at the Thurston County Fair must first give a District Level practice presentation. The following dates have been scheduled for District Level Public Presentations:

Saturday, May 16, 9:00 a.m. to 4 p.m. at the Extension Office

Monday, June 22, 4:00 to 8:00 p.m. at the Extension Office

Please Note - These will be the only dates for District Demonstrations. If you would like to give your Public Presentation at the Thurston County Fair, you must schedule a District Demo.

Pre-registration is required.

Contact superintendent, Andrea Cotey to schedule your time slot, call 923-2394 or email cotey@reachone.com

How Many Hours?

Have you been tracking how many hours you donate as a Thurston County 4-H Volunteer? There is a simple process on the internet to track your volunteer hours: <http://ext.wsu.edu/volunteers/volunteer/logon.php> Your id would be the first letter of your first name plus your last name, and the password is password. You are able to change that after you log-on. Annually we must report how many hours volunteers have contributed to our program—and we can only guess! You may report as often as you like, but a consistent day would help you remember, such as the first day of the month or right after a club meeting. A few volunteers have been recording hours—thank you very much! We look forward to seeing everyone use the system. And thank you for all your time dedicated to our youth and 4-H!



Sewing Classes

Learn how to sew with the Thurston County Master Textile & Quilting volunteers. Receive an introduction to the fundamentals of sewing using both hand and machine techniques. Become familiar with the vocabulary and tools and complete two projects in a classroom setting. Youth at least 12 years old and adults are welcome. Classes are Saturdays, **January 31 through February 21, 2009, from 10 a.m. to 2:30 p.m.** Cost: \$60 for adults and \$40 for 4-H members. Scholarships available. For info, contact Joan Webster at 866-6316.

4-H Camp-In at Pacific Science Center

As the sun sets on Seattle, the fun starts at Pacific Science Center! Now in its twenty-fourth season, Camp-In offers groups and families an exciting and educational overnight adventure filled with activities and exploration to inspire the scientist in everyone. Your Camp-In program includes an instructor-led workshop, live science demonstrations, planetarium shows, and the unique and memorable experience of sleeping in our exhibit halls. **Life's boring without discovery. Come discover Pacific Science Center overnight!**

Saturday, March 28, 6:00 p.m. to
Sunday, March 29, 9:30 a.m.
Who: 4-H youth grades 3-8, their

friends, parents, and leaders. Pacific Science Center requires a ratio of one adult to every six children.

Fee per person: \$36 (\$45 after March 13). For info check their website

<http://www.pacsci.org/camp-in/> and click on 4-H.



Lacey Spring Fun Fair

We are nearing Spring again... which means it is time to start thinking about the Lacey Spring Fun Fair! This is one of the largest two-day festivals in Southwest Washington with over 15,000 people in attendance! The Spring Fun Fair is going to be held on the Saint Martin's College campus on **Saturday, May 16, from 10:00 a.m. to 7:00 p.m. and on Sunday, May 17, from 11:00 a.m. to 5:00 p.m.** The Thurston County 4-H Office will be providing a booth with a fun, hands-on activity and 4-H information. We need volunteers to help staff the 4-H Booth.

For more information or to sign up to help with Lacey Spring Fun Fair, please call the 4-H Office at (360) 786-5445 ext. 7913

SCHOLARSHIP OPPORTUNITIES

Washington State 4-H Scholarship Deadline

--Jan Klein

Each year Washington State 4-H members, who are seniors in High School or completing their GED, are eligible for many scholarships. Current and former Washington State 4-H members are eligible to apply. Applicants must have accumulated at least 2 years of 4-H affiliation. Previous Washington State 4-H scholarship recipients are not eligible to apply.

Four scholarships (\$1500 each) are available to students planning to study at WSU's College of Agricultural, Human, and Natural Resource Sciences. **These must arrive at WSU by January 31, 2009.**

Other Washington 4-H Scholarships may be used at any institution offering post-secondary education (i.e. Seattle University, Ohio State University, Technical and Community Colleges, Cosmetology school, DigiPen Institute of Technology, etc.) These scholarships require a completed 4-H Scholarship Application and Washington State 4-H Scholarship Supplemental Application Information. These applications must be **postmarked by March 1, 2009.**

The 4-H Scholarship Application form may be obtained from your local County Extension office or downloaded from the Washington

State 4-H Website:

4h.wsu.edu/members/scholar.htm

If you have any questions about the scholarships please contact Jan Klein at (509)358-7937 or email jklein@wsu.edu

Thurston County Scholarship

Zoe Cook Memorial Scholarships are also available locally to current Thurston County 4-H members who are graduating high school seniors. Applicants must have accumulated at least 2 years of 4-H affiliation. Applications are due **July 1** and are available from the 4-H Office or on-line at <http://Thurston.wsu.edu/4-H>.

Additional Scholarships

--Submitted by Pat BoyEs

We've been informed of several opportunities that may be of interest to 4-H members and clubs. This is provided for information purposes and does not constitute an endorsement by National 4-H Headquarters, CSREES, USDA or the State 4-H Office.

McKelvey Foundation Entrepreneurial Scholarships

The McKelvey Foundation awards entrepreneurial scholarships to high school seniors who have started businesses. The entrepreneurial scholarships began in 2006 and this year the goal of the foundation is to award 100 students scholarships of up to \$10,000 per year for four years of

college - 52 were awarded last year. Applicant must be a graduating senior of a U.S. high school; attend an accredited four-year college/university within the 50 United States; own and operate a business or non-profit for at least one-year; have at least one paid employee; and have sales revenue if a business.

The application deadline for this year's scholarships is **January 25, 2009**. For more information, visit: <http://mckelveyfoundation.org/entrepreneurial/>.

Christopher Columbus Awards: Innovation Generation

The Christopher Columbus Awards Program combines science and technology with community problem solving. Students work in teams with the help of an adult coach to identify an issue they care about and, using science and technology, work with experts, conduct research, and put their ideas to the test to develop an innovative solution. Maximum award: a \$25,000 Columbus Foundation Community Grant and an all-expense-paid trip to Walt Disney World to attend the program's National Championship Week, plus a \$200 development grant to further refine their idea, and a \$2,000 U.S. Savings Bond for each team member. Eligibility: middle-school-age (sixth, seventh, and eighth grade) children; teams do not need to be affiliated with a school to enter. **Deadline: Feb. 9, 2009**. Visit: <http://www.christophercolumbusawards.com/>.

FOR YOUR INFORMATION

4-H Donations

When requesting or accepting donations, be very clear on the difference between gifts to individuals and donations to a 4-H group that are tax deductions for the donor. If someone donates to the 4-H club/group/committee and the whole group benefits, that's a tax deduction. If someone donates to an individual or individual family—for example, gives a member a horse or gives 20 bales of hay - that's considered a gift and not a tax deduction. Families that solicit discounts or donations that they themselves benefit from as individuals cannot state the gift is a tax deduction for the donor. It is always appropriate to thank a donor, but it isn't always appropriate to promise a letter or receipt stating that the gift is a tax deduction simply because an individual belongs to the 4-H club. If you need further clarification, please call the 4-H Office at 786-5445, ext. 7913.

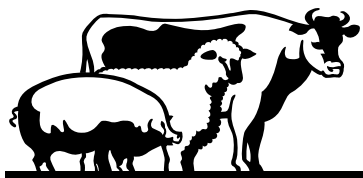
Unwanted Horses

The Seattle Times has launched an online forum on horses, particularly the crisis of unwanted horses. Go to <http://4h.wsu.edu/news/Tues/2008/111808.htm> and check out the article called "Seattle Times Horse Forum".

Malignant Catarrhal Fever

--Submitted by Pat BoyEs

Recently a cohort of WSU Extension professionals gathered in Tacoma to learn about Evaluation Based Program Development. The topic of Malignant Catarrhal Fever was chosen by one group and the resulting action plan based on the EBPD logic model is found below (or by following the link). It is a developing issue but the program is designed to work with partners to develop a plan to stop the spread both at 4-H project sites and County Fairs. The main goals of this program are to stop the potential economic and emotional injury to youth exhibiting cows at the fair. Also, to stop any bad publicity that would result in decreased fair attendance. This is important to any 4-H program in the state. The form may be unfamiliar so please contact **Dale Larson** at 509-962-7507, larsond@wsu.edu or **Brian Brandt** at 253-798-3250, bbrandt@wsu.edu with questions.



New State Fair Schedule

—Tom Gwin

The outbreak of MCF in cattle at the 2008 Western Washington Fair has necessitated changes in the livestock schedules. Following a meeting of open class, FFA, and 4-H representatives, the following schedule will be utilized for our 4-H exhibitors at the 2009 WA State 4-H Fair:

- Sept 12 - 4-H Dairy Judging Contest
- Sept 18-20 - 4-H Rabbit and Cavy Show
- Sept 18-22 - 4-H Beef, Dairy, Swine, Llama, and Goat (all types) Shows
- Sept 19 - 4-H Livestock Judging Contest and 4-H Dairy Goat Judging Contest
- Sept 20 - 4-H Rabbit Judging Contest and 4-H Dairy Judging Contest
- Sept 24-28 - 4-H Sheep Show

The 2009 Equine Schedule for the WA State 4-H Fair will be:

- Sept 10-14 - Senior Performance (all counties)
- Sept 12 - Horse Judging Contest and Groom Squad
- Sept 14-17 - Senior Western Games
- Sept 18-21 - Dressage and Harness
- Sept 20 - National Equine Presentations
- Sept 21-24 - Intermediate Performance
- Sept 24-27 - Intermediate Western Games

Dog/cat show schedules will be announced in the near future.

Managing Horse Pastures

--Submitted by Pat BoyEs

East Lansing, MI - Equine experts give you advice and answer your questions on how to get the most productivity from your horse pastures and manage manure in an environmentally friendly way. My Horse University and eXtension HorseQuest offer a free webcast series to help horse owners manage their farms. The webcasts feature Dr. Jenifer Nadeau from University of Connecticut on January 13th, Dr. Dave Freeman from Oklahoma State University on February 10th, and Dr. Ann Swinker from Penn State University on March 10th. All webcasts will be held at 7 p.m. EST. Register now for the FREE webcasts at

www.myhorseuniversity.com.

All webcast will be archived for future viewing.

This free webcast series is an ongoing effort with partners My Horse University and eXtension HorseQuest to bring unbiased, science based information to the equine community. For more information visit

www.myhorseuniversity.com and www.extension.org/horses.

How Can You Save the Planet?

--Submitted by Pat BoyEs

Imagine Tomorrow! The second annual energy competition for Washington High School students with opportunities in all subjects including social studies sciences art and design will take place **May 29-31, 2009**. Participating youth teams of 2-4 members for their high school are eligible for cash awards up to \$5000 for each team member and their school! Please spread the word among your 4-H volunteers and teens to get involved! For details and registration go visit <http://imagine.wsu.edu>. Teams must be registered by **March 31** or until 150 teams have signed up... whichever comes first.

New Dairy/Beef Curriculum Online!

--Brandon Freitas

Please take some time to view the Dairy Beef program that is now online at: <http://www.bqa.wsu.edu/DairyBeef/index.htm> in English and Spanish! There are versions for Producers and Farm Workers. You may provide feedback by emailing us at VetExtension@vetmed.wsu.edu Thanks in advance for your interest and feedback!

4-H Essay Contest

4-H Club members have the opportunity to win a cash prize for researching and writing an essay about honey bees. The topic is "The Dance Language of Bees";

the national prizes are \$750, \$500, and \$250. Essays are due to Carol Beckman, State 4-H Program Coordinator, by **January 31, 2009**. Contact Thurston County 4-H for details.

Washington Swine Information Day

The Washington Swine Information Day will be held on **February 6, 2009** from 8:45 AM until 5:15 PM at the Red Lion Hotel in Pasco, WA. WA Swine Information Day features an array of presentations that have been organized to meet the diverse and unique needs of the Pacific Northwest swine producers. Swine producers of all sizes; 4-H/FFA youth producers; agency representatives; agriculture educators; and fair/show representatives are invited to participate.

The all-day registration fee of \$40 includes the seminar, WPP membership, break, lunch, and handouts. An afternoon registration fee, \$15, is available to individuals that would like to participate in the niche marketing and show pig sessions. A special room rate of \$85 for the seminar is available by contacting the Red Lion, 509-547-0701. For complete agenda and registration information visit, <http://www.animalag.wsu.edu> or contact the WSU Extension Office-Grant/Adams, Sarah M. Smith, at 509-754-2011, Ext. 413 or by email at <mailto:smithsm@wsu.edu>.

Upcoming Events

- NW Junior Livestock Show and Puyallup Spring Fair—April 16-19, 2009. Call 253-927-2297
- Spring Youth Fair in Chehalis—May 1-3, 2009. Call 360-748-0280.
- Washington State 4-H Teen Conference, June 28-30, 2009. WSU Pullman campus

Committee Meetings

Don't forget to attend the committee meetings!

Dogs—first Tuesday, Nov., Feb., April, June

Rabbit & cavy—monthly, second Tuesday

Horse—monthly, second Tuesday

Goats—monthly, second Wed.

Still Life—last Tuesday of Oct., Jan., and April.

See calendar for exact dates and meeting times and locations.

Be a Superintendent

Have you ever considered volunteering as a fair superintendent or assistant superintendent? If you have knowledge and experience with cats, environment stewardship, mechanical sciences, educational posters, or photography in the 4-H program, **apply today**.

News from the 4-H Adventure Education (aka Challenge) Program

—Vicky McCarley

We walked in to the 2008/2009 4-H year with a renewed outlook and a new opportunity to share. The State 4-H Challenge Program received a new name and a new program. Our new name “Adventure Education Programs” is more relevant to the broad spectrum of adventure education we offer, rock climbing, ropes courses, wilderness trekking, environmental education, Rite of Passage, boating, forestry, snowshoeing, and portable teambuilding activities.

We also have a new program in our repertoire, “Building Successful Learning Communities”. “Building Successful Learning Communities” is a WSU Extension training program that brings the research and best practices of the experiential learning model into the classroom. It is targeted at k-12 teachers who are looking to acquire the knowledge and skill needed to transform their classrooms into dynamic, high achieving learning communities.



You'll soon see the name and the new program information updated, as well as training opportunities for all programs on our county, state 4-H, and WSU websites.

Are you a trained 4-H Adventure Education Facilitator (portable and/or low course)? Will you be facilitating one or more Adventure Learning Programs (challenge activities) this year? If yes, please remember to return your 4-H Volunteer Leader enrollment packet which will be arriving in your mailbox shortly!

This assures that you are covered for any portable and low course challenge activities that you may lead during the 4-H calendar year (October 1-September 31).

4-H Adventure Education Program Facilitators are asked to attend a 4-H Adventure Ed. program and volunteer leader refresher training annually. This is to help you stay current and up to date with facilitation skills, equipment, procedures and policies. Dates will be posted in February for our mid-spring refresher.

Low Course facilitators are asked to contact Tom Barte at Panhandle 4-H Camp (360) 426-9523 to sign up for refresher training.

If you are a Portable Challenge Adventure Education facilitator, please contact Vicky McCarley at 360-786-5445 ext 7907 to sign up for refresher training.



Thurston County 4-H Council for December 8, 2008
WSU Thurston County Extension Office

Members in Attendance:

Jennifer Taylor, Emily Killeen, Barbara Wollstein, Doreen Tudor, Brian Taylor

Treasurer's Report was given by Doreen Tudor. The council balance as of November was \$1,496.96. The profit from the Lacey Holiday Bazaar and the Littlerock Winterfest bazaar was \$1004.92.

Committee Reports:

No Committee Reports.

Old Business:

Update on the Craft Bazaars. There was some discrepancy with the tally marks of items sold and the dollar amount accounted for. A suggestion was made for using a cash register or a receipt system for next year. We could possibly borrow a cash register from the fair. We also discussed having a craft/ornament work party again to have more ornaments to sell. A third suggestion was to take pre-orders on the wreaths.

Mitch Vorwerk, AmeriCorps Member, provided a written report on the projects he has been working on. Highlights from his report included handling all 4-H referrals, creating a wait list for members looking for clubs, organizing volunteers, teaching the new leader orientation, and revising brochures.

New Business:

Emily provided an update on the Extension Budget. The budget received a 25% cut. The extension no longer has a receptionist and the office manager is going to half time. Office hours will be changing. The Extension office may move to a different location due to the high rent lease of its current location.

Fundraising:

We discussed having a 4-H Council Fundraiser for each season. Spring—Fun Run, Summer—Fair Concession Stand selling Otis Spunkmeyer cookies, Fall—Clover Fair/Buy A Clover Campaign, Winter—Wreaths/Craft Bazaar
We need to further research and plan these fundraisers.

Meeting was adjourned at 8:12 p.m.

Submitted by Jennifer Taylor, President

WASHINGTON STATE UNIVERSITY
THURSTON COUNTY EXTENSION
720 SLEATER-KINNEY ROAD SE STE Y
LACEY WA 98503

Free to a good home:

Netherland dwarf lionshead rabbit, all black who needs new home. Call Misty at 701-3362

2 holland lop rabbits, male and female, 4 months old, looking for a good home—Daisy at 556-0224

Netherland Dwarf neutered buck, about five years old. Includes cage, traveling cage, water bottle, hay bin, food dish, house, and food.
Call Tami at 236-8221.

Disclaimer: By posting the above “free to a good home” information, WSU Thurston County Extension 4-H does not endorse or give approval for any of these free animals to be used as 4-H project animals. Contact the animal owners at your own risk.

WASHINGTON STATE UNIVERSITY
 EXTENSION

Washington State University Extension engages people, organizations, and communities to advance knowledge, economic well-being, and quality of life by fostering inquiry, learning, and the application of research.

Emily Killeen

Emily Killeen
4-H Extension Coordinator
Thurston County



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