

4-H Volunteer Opportunities include:

- **Club Leaders** help 4-H Club Members throughout the 4-H year (October to September). 4-H Club Leaders are responsible for teaching 4-H projects and the organization of the 4-H Club.
- **Resource Leaders** are individuals with knowledge about a specific subject area. They are contacted as needed to share their expertise or to be guest presenters at meetings or workshops.
- **Family Club Leaders** are responsible for the organization and project work of an independent 4-H Family Club, which consists of just their own family members.
- **Special Project Volunteers** have a short-term or seasonal commitment to assist with 4-H special events and activities.



For More Information

WSU Thurston County Extension
4-H Youth Development Office

(360) 786-5445 ext. 7913

720 Sleater-Kinney Road SE, Suite Y
Lacey, WA 98503

Email: TC4H@co.thurston.wa.us

<http://thurston.wsu.edu>
<http://4h.wsu.edu>



**Thurston County
4-H Youth Development**

**OUTDOOR
ENTHUSIASTS!**



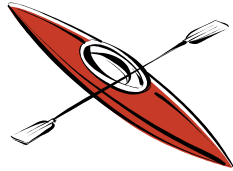
4-H Needs You!

**Share your skills and love of the
great outdoors with the youth in
your community**

Extension programs and employment are
available to all without discrimination.

Do you enjoy these activities?

- Fishing
- Hiking/Backpacking
- Observing wildlife
- Identifying rocks, trees, plants and insects
- Outdoor navigation
- Climbing/Mountaineering
- Canoeing/Kayaking
- Wildlife photography
- Nature drawing



If the answer is yes, please consider becoming a 4-H volunteer to share your outdoor interests with school-age youth in your community.

What is 4-H?

4-H is a “life skills program” for school-age youth. 4-H teaches valuable skills like public speaking, problem solving, decision making, goal setting, healthy lifestyle choices, and teamwork to youth through hands-on activities and community involvement.

4-H youth members “learn by doing”. Every youth member selects at least one 4-H project. A project is what the

member decides to learn about, make, or raise. For example: geology, water resources, fishing or hiking.

Members choose projects that fit their interests and their family. Sharing projects with parents brings the family into 4-H.

Youth join 4-H clubs with other children that share their interests. In 4-H clubs, “project work” helps members gain knowledge and learn responsibility. By completing project work, youth develop strong friendships with fellow club members.

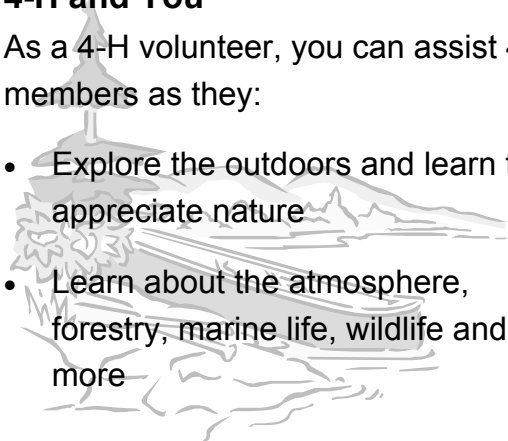
4-H Outdoor Adventures and Natural Resources Projects

Outdoor adventures and natural resources 4-H project work offers youth a chance to discover the importance of the world around us.

4-H and You

As a 4-H volunteer, you can assist 4-H members as they:

- Explore the outdoors and learn to appreciate nature
- Learn about the atmosphere, forestry, marine life, wildlife and more



- Practice principles that protect and restore the natural environment
- Develop leadership skills
- Acquire a commitment to community action and service

Why Volunteer?

4-H volunteering is a great opportunity to share your knowledge about the great outdoors with the youth in your community.

Adult volunteers are the heart of 4-H. In order to succeed and meet the demands for youth enrollment, 4-H needs adult volunteers to help deliver the 4-H Club Program.

Become a 4-H Volunteer!

Contact the Thurston County 4-H Office to attend a one-hour 4-H Orientation and learn more about becoming a 4-H volunteer.

As a volunteer you will receive:

- Leader Training
- Assistance and support from the 4-H Office
- 4-H Leader and Member publications and other support materials